

T H E

Compassion Unites

Personal Declaration

*I, the undersigned,
moved by conviction and by compassion,
set forth this Declaration.*

RECOGNITION

I recognize that the global mental health crisis is accelerating in scale and severity, with consequences that reach into every community and every family.

I recognize that the forces driving this crisis are multiple and compounding, and that they require a response that goes beyond what any one person, community, or organization can offer alone.

I recognize that among these forces, the erosion of belonging is overlooked and under-addressed, and that restoring the conditions for sustained human connection is essential to any credible response.

I recognize that the knowledge, treatments, and resources to support mental health already exist, yet they remain largely disconnected from the communities where people actually are.

I recognize that the scale of this crisis demands not only institutional coordination, but also the commitment of individuals who are willing to carry compassion into the spaces where they live, work, and gather.

COMMITMENT

I choose to act. This Declaration marks a personal commitment to support and advance a compassionate response to the mental health crisis.

I commit to carrying the principles of this Declaration into my own community: through conversation, through presence, and through a willingness to connect those who are struggling with those who can help.

This is a sustained commitment, not a single gesture. By adding my name to this Declaration, I commit to ongoing engagement with this movement and accountability for the part I play in it.

PRINCIPLES

In pursuit of this commitment, I affirm the following principles:

I. Community Capacity and Safeguarded Training

Support the development of training, resources, and safeguarding standards that equip community leaders to support mental health competently and safely, strengthening the connection between community-based and clinical care.

PRINCIPLES (CONTINUED)

II. Connected Pathways of Support

Build structured connections between sectors so that individuals can move between clinical services, community-based support, workplace programs, and other forms of care without falling through the gaps between them.

III. Evidence and Accountability

Ground all programs, partnerships, and interventions in research evidence and measure them by outcomes, contributing to a shared and growing evidence base that informs future action.

IV. Inclusivity Across Traditions and Contexts

Maintain genuine inclusivity across faith traditions, secular communities, and contexts of belief or non-belief, ensuring that no single tradition or worldview dominates and that every community can participate on an equal footing.

V. Humanity at the Center

Place the individual at the center of all activity undertaken in the name of this Declaration, upholding their dignity, autonomy, and safety in every context of support.

VI. From Declaration to Sustained Action

Ensure that the principles of this Declaration translate into measurable coordinated action, with regular review and accountability mechanisms to evaluate progress and adapt approaches as needed.

CLOSING RESOLUTION

This Declaration carries a personal and enduring commitment to its principles, and to the movement that gives them force.

This Declaration remains open to all who share its principles and are willing to act on them.